



CITY OF CHANHASSEN'S **SENIOR LIFE GUIDE**

Resources for Living Fully and Aging Well



GENERAL INFORMATION

For emergency help, call 911

City of Chanhassen	(952) 227-1100
AARP.....	(888) 687-2277
Alzheimer’s Foundation of America Helpline	(866) 232-8484
Community Action Partnership of Scott, Carver and Dakota Counties	(952) 496-2125
Carver County Main Line.....	(952) 361-1500
Carver County Park System.....	(952) 466-5250
Carver County Health & Human Services.....	(952) 361-1600
Carver County Library, Chanhassen Branch	(952) 303-0401
Carver County Public Office of Aging.....	(952) 361-1303
Carver County Public Health.....	(952) 361-1329
Carver County Sheriff, Non-Emergency Line	(952) 361-1231
Carver County Veteran Services.....	(952) 442-2323
Chanhassen Post Office	(952) 974-5297
Chanhassen Senior Center.....	(952) 227-1425
Chanhassen Recreation Center	(952) 227-1400
Disability Hub MN	(866) 333-2466
Elder Care Locator.....	(800) 677-1116
Equal Rights Center	(866) 549-0009
Institute on Aging Friendship Line	(800) 971-0016
Minnesota Department of Health.....	(888) 345-0823
Minnesota Department of Human Services.....	(651) 431-2000
Minnesota Department of Veterans Affairs	(651) 296-2562
Medicaid.....	(800) 633-4227
Mental Health Crisis Line (24 Hours).....	(952) 442-7601
Poison Control.....	(800) 222-1222
Trellis-Senior Linkage Line.....	(800) 333-2433
Social Security Administration.....	(800) 772-1213
Veterans Linkage Line	(888) 546-5838

Dear Friends:

**Hello and welcome to the City of Chanhassen's Senior Life Guide:
Resources for Living Fully and Aging Well.**

At the City of Chanhassen, we're committed to creating a community where every resident feels supported, valued and connected—especially as we age. With one in five Americans expected to be 65 or older by 2030—and the 85+ population projected to triple by 2060—it's more important than ever to plan thoughtfully and work together to meet the evolving needs of older adults.

That's why the city, in partnership with the Chanhassen Commission on Aging, is proud to share this Senior Life Resource Guide with you. Inside, you'll find a variety of local, state and regional programs and services aimed at helping seniors, caregivers and families navigate life with confidence, support and clarity.

We hope you'll keep this guide handy, refer to it often and pass it along to those who might benefit from it. When we share resources and support one another, we build a stronger, more caring community for all. If you need help and aren't sure where to start, the Minnesota Senior LinkAge Line® is your best one-stop resource. It's a free, unbiased service offered by the Minnesota Board on Aging. You can find them at mn.gov/senior-linkage-line or by calling (800) 333-2433.

Sincerely,

Chanhassen Commission on Aging

The City of Chanhassen does not endorse any agency or service listed in the directory. This is not a complete listing of agencies that may offer senior services. Information is verified up to the date the resource guide was placed on the website. Revisions are made periodically but information may be outdated or change at any time after posting.

RESOURCE DIRECTORY

For additional resources, please call the Minnesota Senior LinkAge Line® at (800) 333-2433.

CITY OF CHANHASSEN

City Hall Hours

The Chanhassen City Hall's hours of operation are Monday through Friday 8 a.m. to 4:30 p.m. City Hall is closed on designated city holidays. View the city calendar on the city's website for holiday information. Reduced Friday hours (8 a.m.-12 p.m.) are in effect from Memorial Day weekend to Labor Day weekend.

Contact Information

City of Chanhassen
PO Box 147
7700 Market Blvd
Chanhassen, MN 55317

Website: ChanhassenMN.gov

Phone: (952) 227-1101

Visit City Hall

City Hall is located at 7700 Market Blvd., Chanhassen, MN.

- » The Chanhassen Library is located next to City Hall.
- » Public parking is available adjacent to City Hall as well as the Library.

CAREGIVER SUPPORT

CAREGIVER SERVICES - (612) 770-7005

Caregiver Services, a program of the non-profit Senior Community Services, offers caregiver support groups, memory cafes, one-on-one coaching consultation and other supportive services for caregivers. Get started by leaving a message on their intake line at (612) 770-7005 and a licensed social worker will return your call.

NORMANDEALE CENTER FOR HEALING & WHOLENESS - (952) 929-1698

Normandale Center for Healing & Wholeness is a 501(c)(3) nonprofit serving Carver, Scott and Hennepin Counties. NCHW serves seniors in transition and their family caregivers to support individual health in spirit, mind and body. They provide free and low cost services, which include educational programs and workshops to alleviate isolation and caregiver burden.

Website: normandalecenter.org



ELDERCARE LOCATOR - (800) 677-1116

The Eldercare Locator is a free nationwide service that connects older Americans and their families with local resources and services. The National Call Center operates Mon.-Fri., 7 a.m.-8 p.m.

Website: eldercare.acl.gov

LONGTERMCARE.GOV

LongTermCare.gov, a resource from the U.S. Department of Health & Human Services, offers guidance on the services and support systems people may need for day-to-day personal care.

Website: acl.gov/ltc

MINNESOTA ADULT ABUSE REPORTING CENTER (MAARC) - (844) 880-1574

All reports of maltreatment towards vulnerable adults should be made to the Minnesota Adult Abuse Reporting Center (MAARC). MAARC provides a toll-free number, (844) 880-1574, that the general public can call to report suspected maltreatment of vulnerable adults.

Website: mn.gov/dhs/people-we-serve/adults/services/adult-protection

MINNESOTA LONG-TERM CARE PARTNERSHIP - (800) 333-2433

Minnesota's Long-Term Care Partnership allows you to buy a special type of long-term care insurance policy that helps protect your assets if you ever need to apply for Medical Assistance. Additional information related to the program can be found on the Minnesota Senior Linkage Line website, listed below.

Website: mn.gov/senior-linkage-line/older-adults/planning/ltcplanning

FINANCIAL

COMMUNITY ACTION PARTNERSHIP (CAP) - (952) 496-2125

The Community Action Partnership of Scott, Carver & Dakota Counties (CAP) assists with the payment of energy bills, facilitates the repair or replacement of homeowners' malfunctioning heating system and helps navigate the process of applying for financial assistance in order to prevent eviction.

Website: capagency.org

TRELLIS – METRO AREA AGENCY ON AGING – MEDICARE SUPPORT - (800) 333-2433

Understanding Medicare can sometimes be complicated. If you need fair and unbiased help, you can call Trellis' help line at 1-800-333-2433. They can help you compare plans so you can choose the one that best fits your needs.

Website: trellisconnects.org/get-help/medicare

MN DEPARTMENT OF COMMERCE: TO REPORT FRAUD OR ASK FOR HELP, CONTACT THE CONSUMER SERVICES CENTER AT (651) 539-1600

Your Commerce Department educates and protects consumers by helping them make informed financial decisions, avoid pitfalls and scams, and protect their personal financial information. They provide resources and tools for managing your finances and can help if you are a victim of financial fraud or scams.

Website: mn.gov/commerce/money/fraud/senior-fraud/ or email your concern to SeniorFraud.COMM@state.mn.us

INVESTOR.GOV - (800) 732-0330

Explore a wealth of information about such retirement topics as employer-sponsored plans, managing lifetime income, avoiding retirement fraud and understanding senior specialists' designations. Use Investor.gov's 401(k) and IRA Required Minimum Distribution Calculator to determine how much you are required by IRS regulations to withdraw from your retirement fund at various ages.

Website: investor.gov

SOCIAL SECURITY - (800) 772-1213

Learn more about Social Security and manage your benefits through the Social Security webpage.

Website: ssa.gov

HEALTH, WELLNESS & NUTRITION

AARP - MINNESOTA STATE OFFICES - (866) 554-5381

AARP offers a variety of resources related to health, including healthy living, Medicare resource centers, health insurance, dementia and food and nutrition.

Website: aarp.org/health

ALZHEIMER'S ASSOCIATION MINNESOTA-NORTH DAKOTA CHAPTER - (800) 272-3900

Alzheimer's Association Minnesota-North Dakota Chapter provides no-charge support, education programs, support groups and training for individuals and families in Minnesota impacted by Alzheimer's disease and other dementias.

Website: alz.org/mnnd

ALZNAVIGATOR™ - (800) 272-3900

Managed by the Alzheimer's Association, the ALZNavigator™ is a digital tool that allows families and individuals affected by dementias to create a step-by-step action plan.

For technical support, please email ALZNavigator@alz.org

Website: alz.org/help-support/resources/alznavigator

ASSISTANCE FOR SENIORS - USDA

The USDA Food and Nutrition Service offers resources for food and nutrition assistance to seniors. Explore the various resources available through the USDA website, listed below.

Website: usda.gov

COMMUNITY ACTION PARTNERSHIP (CAP) - (952) 496-2125

The Community Action Partnership of Scott, Carver & Dakota Counties (CAP) provides home help resources and energy assistance. They also provide meal delivery services Monday-Friday. Reservations are required at least four days in advance by calling (952) 402-9855.

Website: capagency.org

FARE FOR ALL - (763) 450-3880

Fare For All is The Food Group's cooperative purchasing program that offers affordable groceries and packages of produce and meat at discount prices.

Website: thefoodgroupmn.org/groceries/fare-for-all

FIND FOOD CARVER COUNTY - (612) 479-6409

Find Food Carver County is a partnership program between Carver County and A Better Society that connects Carver County residents with local food resources.

Website: findfoodcarvercounty.org

HELP AT YOUR DOOR - (612) 642-1892

Help At Your Door provides grocery shopping assistance by delivering food directly to your home. The service is available to people who are unable to go to the store or for those who prefer to have groceries delivered.

Website: helpatyourdoor.org

INSTITUTE ON AGING - (415) 750-4111

Institute on Aging (IoA) provides online educational resources designed to enhance the quality of life for aging adults. Additionally, IoA hosts a 24-hour toll-free Friendship Line for people 60+ and adults living with disabilities. To access the Friendship Line, call (800) 971-0016.

Website: ioaging.org

JUNIPER HEALTH - (855) 215-2174

Juniper, a program of Trellis, is a network of community-based organizations and health systems that offer free and low-cost health classes.

Website: yourjuniper.org

MNCHOICES - (952) 361-1999

Carver County Health & Human Services uses the MnCHOICES assessment and support application system to determine eligibility for a wide variety of programs and services for individuals of all ages. MnCHOICES is a comprehensive web-based application that integrates assessment and support planning for Minnesotans who need long-term services and supports. MnCHOICES is for people of all ages who have any type of disability or need for long-term services and supports.

Contact the department's information and referral line at (952) 361-1999 to learn more or email HCBCIntake@carvercountymn.gov

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) - (651) 486-9860

The Supplemental Nutrition Assistance Program (SNAP) helps low-income Minnesotans get the food they need for nutritious, well-balanced meals. Find the nearest SNAP outreach partner by calling the Minnesota Food Helpline at (800) 657-3698 or by contacting the Community Action Partnership of Scott, Carver and Dakota Counties (CAP) at (952) 496-2125.

Website: mn.gov/dhs/mnfoodhelper



THE HUMANITY ALLIANCE - (651) 799-1784

The Humanity Alliance offers weekend meal delivery at no cost or by free will donation. Orders must be placed by the end of the day Monday to receive delivery on the following Friday.

Contact The Humanity Alliance by visiting their website below or by emailing hello@humanityalliance.org

Website: humanityalliance.org

CHANHASSEN FARMERS' MARKET

Chanhasse Farmers' Market is on Saturday mornings during the summer months. All goods sold at the market are locally-grown or locally made. Vendors offer fresh produce, meats, eggs, cheeses, artisan breads, sweet treats, honey, maple syrup, starter plants, flower bouquets, food trucks and more.

Website: chanhassenfarmersmarket.org

FOOD SHELVES

Bountiful Basket

1600 Bavaria Rd, Chaska, MN 55318
952-556-0244

bountifulbasketfoodshelf.org

People Reaching Out to People (PROP)

14700 Martin Drive, Eden Prairie, MN 55344
952-442-3050

propfood.org

HOME HEALTH & MAINTENANCE SERVICES

AARP - HOME FIT GUIDE / HOUSING RESOURCES - (888) 687-2277

AARP offers a variety of resources related to housing and home health care.

Website: aarp.org/livable-communities/housing/info-2020/homefit-guide

A BETTER SOCIETY

A Better Society is a non-profit organization that connects individuals to local services and resources within Carver County.

Website: abettersociety.org/get-help

AGING CONNECTED - (888) 713-3495

Ageing Connected helps older adults get at-home internet services through the federal government's Affordable Connectivity Program (ACP). The ACP is a benefit that helps eligible, low-income households pay for internet services and connected devices.

Website: agingconnected.org

COMMUNITY ACTION PARTNERSHIP (CAP) - (952) 496-2125

The Community Action Partnership of Scott, Carver & Dakota Counties (CAP) assists with the payment of energy bills, facilitates the repair or replacement of homeowner's malfunctioning heating system and helps navigate the process of applying for financial assistance in order to prevent eviction.

Website: capagency.org

CYBER-SENIORS - (844) 217-3057

Cyber-Seniors provides free technology support and training for senior citizens.

Website: cyberseniors.org

MN LIVE WELL AT HOME

Live Well at Home educates and prepares older Minnesotans and veterans on the best options to live well longer in their own homes. Learn more about available resources, like the Live Well at Home Resource Quiz, and create a success plan by visiting the Live Well at Home website.

Website: mn.gov/dhs/live-well

SENIORS HELPING SENIORS - (800) 677-1116

Seniors Helping Seniors® pairs those who need assistance with fellow seniors. Assistance services provided include light housekeeping, cooking, shopping, companionship, yard work and small repairs.

Website: seniorshelpingseniors.com

MN AGING PATHWAYS - (800) 333-2433

The Senior LinkAge Line connects older adults with services offered by local Area Agencies on Aging, other public or nonprofit organizations, and some for-profit providers. Fees vary by service and location, but some may be free or offered on a sliding scale, depending on income.

Website: mn.gov/senior-linkage-line

SENIOR PLANET - (888) 713-3495

Senior Planet's courses help participants and members find new ways to live and thrive in today's digital society.

Website: seniorplanet.org

TRELLIS - (800) 333-2433

Trellis is an area agency on aging that covers the seven-county area - including Carver County. Trellis initiatives and activities include Jupiter Health, the Senior LinkAge Line and dementia friendly training.

Website: trellisconnects.org

HOUSING

AREA AGENCY ON AGING: TRELIS - (800) 333-2433

Trellis oversees Minnesota Aging Pathways, whose staff are available to answer questions and direct you to housing resources and other services that may help you live safely in your own home.

Website: trellisconnects.org/get-help

ABLELIGHT VILLAGE - (952) 395-1600

AbleLight Village is a place where people aged 55 and better can live in joy, comfort and camaraderie, all in a maintenance-free home. Cornerstone offers one-and two-bedroom rental apartments as well as rental ranch-style townhomes. Address: 1519 82nd St, Victoria, MN 55386

Website: ablelightvillage.org

CARVER COUNTY COMMUNITY DEVELOPMENT AGENCY (CDA) - (952) 448-7715

Carver County Community Development Agency (CDA) provides affordable housing opportunities for residents throughout the county, including over 600 rental units for working families and seniors. Additionally, the CDA administers several rental assistance programs to help residents find affordable rental housing.

Website: carvercda.org

ELYSIAN SENIOR HOMES OF CHANHASSEN - (952) 448-1829

Elysian Senior Homes of Chanhassen offers seniors assisted living apartments with individualized care plans.

Website: elysianofchanhassen.com

EMERALD CREST MEMORY CARE VICTORIA - (952) 856-7510

Victoria Emerald Crest by Augustana Care is a memory care assisted living facility located at 8150 Bavaria Road, Victoria, MN 55386.

Website: emeraldcrest.com/memory-care/victoria-mn

LAKE PLACE SENIOR LIVING - (952) 521-0146

Lake Place's 55 and older apartment complex has 110 units. Located at 1361 Lake Drive West, Chanhassen, MN 55317.

Website: silvercreeksenior.com

MN HOUSING BENEFITS 101 - (866) 333-2466

Housing Benefits 101 (HB101) helps individuals who need affordable housing and support services understand the full range of housing options and resources available in order to help them maintain stable housing.

Website: mn.hb101.org

POWERS RIDGE SENIOR HOUSING - (952) 592-3424

Powers Ridge offers 55+ independent living in one, two and three bedroom apartments. Located at 1351 Lake Drive, Chanhassen, MN 55317.

Website: powersridgeapts.com

RILEY CROSSING SENIOR LIVING - (952) 934-7777

Riley Crossing offers independent living, assisted living, memory care and enhanced care. Located at 620 Aldrich Drive, Chanhassen, MN 55317.

Website: rileycrossing.com

SENIORS BLUE BOOK - (800) 201-9989

Seniors Blue Book is a complete resource. They strive to list all assisted living, memory care, nursing homes and retirement.

Website: seniorsbluebook.com

SUMMERWOOD OF CHANHASSEN - (952) 294-5500

SummerWood of Chanhassen offers independent living, assisted living and memory care apartments. Located at 525 Lake Drive, Chanhassen, MN 55317.

Website: preshomes.org

TWIN CITIES SENIOR HOUSING GUIDE

The Twin Cities Senior Housing Guide provides resources and information to help you stay in your home or explore future housing options.

Website: seniorhousingguide.us

LEGAL

LAWHELPMN.ORG

LawHelpMN.org is a program that maintains a list of private attorneys and can connect people who need legal services to attorneys that can help them. Examples of specialty areas are family law, elder law, immigration law and real estate law.

Website: lawhelpmn.org

SOUTHERN MINNESOTA REGIONAL LEGAL SERVICES - (877) 696-6529

Southern Minnesota Regional Legal Services offers free legal help to low-income and senior citizen (60+) clients on a full range of civil matters.

Website: smrls.org



LIFE-LONG LEARNING & RECREATION

Explore local and regional lifelong learning opportunities, recreational programs and events below.

Chanhassen Senior Center

7700 Market Blvd, Chanhassen MN 55317
(952) 227-1424
ChanhassenMN.gov/seniors

Minnesota Landscape Arboretum

3675 Arboretum Drive, Chaska, MN 55318
(612) 624-2200
arb.umn.edu

Carver County Historical Society

555 1st Street West, Waconia, MN 55387
(952) 442-4234
carvercountyhistoricalsociety.org

Ridgeview Medical

500 S. Maple Street, Waconia, MN 55387
(952) 442-2191
ridgeviewmedical.org

Carver County Library: Chanhassen Branch

7711 Kerber Blvd., Chanhassen, MN 55317
(952) 303-0401
carverlib.org

Three Rivers Park District

(763) 559-9000
threeriversparks.org

Carver County Parks & Recreation

(952) 466-5250
<https://www.carvercountymn.gov/departments/public-works/parks-recreation>

Three Rivers Park District: Carver Park Preserve

7400 Grimm Road, Victoria, MN 55386
(763) 694-7650
threeriversparks.org

Community Education: Eastern Carver County Schools

(952) 556-6400
ce4all.org

University of MN Extension Service

(612) 624-1222
extension.umn.edu

MEDICAL SUPPLIES & EQUIPMENT

MINNESOTA STAR PROGRAM - (651) 201-2640

A System of Technology to Achieve Results (STAR) is located within the Minnesota Department of Administration. STAR's mission is to help all Minnesotans with disabilities gain access to and acquire the assistive technology they need to live, learn, work and play.

Website: mn.gov/admin/star

TRANSPORTATION

SOUTHWEST PRIME: On Demand Ride Share Service - (952) 949-2287

SW Prime offers on-demand rides for patrons in Chanhassen, Chaska, Carver, Victoria and Eden Prairie between 5:30 a.m.-7 p.m. on weekdays and 6 a.m.-5:30 p.m. on Saturdays. Vans provide transportation to dining, shopping, doctor appointments, errands and even the airport. They also provide non-emergency transportation to local medical facilities, including select locations in Minnetonka and Edina.

Website: swtransit.org/sw-prime

WECAB - (952) 472-0742

WeCAB is a network of volunteers who provide safe, affordable and flexible supplemental transportation for medical appointments, groceries, social events, etc. Service area includes Carver County, Westonka, Minnetrista, Mound, Navarre, Spring Park, St. Bonifacius and Maple Plain.

Website: wecab.org

VETERANS

CARVER COUNTY VETERANS SERVICES - (952) 442-2323

The County Veteran Service Officers of Minnesota are here to ensure that all veterans, their families and survivors receive all of the benefits and services they so well deserve for the hardships they have endured.

Website: carvercountymn.gov/departments/public-services/veteran-services

MN DEPARTMENT OF VETERANS SERVICES - (888) 546-5838

The Minnesota Department of Veterans Affairs (MDVA) is a cabinet-level state agency dedicated to serving veterans and their families by assisting them in securing state and federal benefits, and by providing programs and services relating to higher education, benefits, burial, claims, outreach and disability compensation, home loan guaranties, pensions, rehabilitation services and health care for veterans.

Website: mn.gov/mdva



VISION

MINNESOTA STATE SERVICES FOR THE BLIND (SSB) - (651) 539-2300

Minnesota State Services for the Blind (SSB) offers counseling, training and referrals to help seniors find ways to adapt to changes in their vision and improve their quality of life and their ability to live independently.

Website: mn.gov/deed/ssb/seniors

LIONS CLUB VISION FOUNDATION - (612) 625-5159

Minnesota Lions Vision Foundation has been supporting the blind and visually impaired since 1960. Assistance includes the used eyeglass program and gift of sight program.

Website: mnlionsvisionfoundation.org

VISION LOSS RESOURCES - (612) 843-3400

Vision Loss Resources is a nonprofit provider of training, classes, social activities and support groups for people with vision loss living in the Minneapolis-Saint Paul area.

Website: visionlossresources.org

VOLUNTEERING

VOLUNTEER CHANHASSEN - (952) 227-1100

The City of Chanhassen encourages public participation in an effort to build a sense of community. Volunteer opportunities exist for individuals and groups, at different age levels, from a few hours to years of service.

More information about volunteer opportunities within Chanhassen can be found on the City of Chanhassen website.

Website: ChanhassenMN.gov