

# Chanhassen Senior Center For Active Older Adults: 55+



Unless noted otherwise, programs are at the Senior Center, 7700 Market Blvd.  
Mon.-Thu., 8:30 AM-4 PM | Fri., 8:30 AM-12 PM | Sat.-Sun., Closed | (952) 227-1424

In person registration: Senior Center or Rec Center. Register online: [ChanhassenMN.gov/SeniorCenter](http://ChanhassenMN.gov/SeniorCenter). Unless noted otherwise, registration deadlines are 10 days prior to start. For program cancellation policy, call or visit our website.

## Weekly Programs



### Wednesdays

Mah Jongg | 9 AM & 1 PM  
Woodcarving | 9-11:30 AM  
Potluck BINGO | 12-3 PM  
Hand & Foot | 12-3 PM

### Mondays

Party Bridge | 12-3 PM  
Chan-Jammers | 9 AM-12 PM

### Tuesdays

Chan-o-Laires | 12:30-3 PM  
(No practice, Jun.-Aug.)  
Mah Jongg | 12-3 PM

### Thursdays

Mexican Train Dominoes | 2-4 PM

### Fridays

Cribbage/500 Cards | 10 AM-12 PM

## Help & Wellness

### 55+ Alive Driver Safety Classes

10% Insurance Discount | May 7 or June 9, 8:30 a.m.-12:30 p.m. | Senior Center | Cost: \$24 | Registration deadlines: 7 days prior to class

### Monthly Foot Care Clinic

Second Monday in June & Aug. | The Foot Nurse | (651) 829-3944  
First Friday in May & July | Holistic Foot & Nail Care | (218) 821-4096

### Learning & Living with Vision Loss

Last Monday of every month | 12:30-2 PM | Hosted by Vision Loss Resources | Free | Walk-ins welcome

### Individual Tech Help

Every fourth Tuesday | 1-4 PM | 1:1 help with smartphone or laptop  
Age 60+ | Free | Appointments required | (952) 227-1424

### Family Support Group

Every first Thursday | 1:30-3 PM | Hosted by Senior Community Services | Free | Walk-ins welcome

### Medicare Insurance Counseling

Every second Thursday | 10 AM-12:30 PM | Free | Appointment required  
7-days ahead | 1 (800) 333-2433 or visit [www.trellisconnects.org](http://www.trellisconnects.org)



## Friends, Food & Fun

### Annual 55+ Picnic at Lake Ann Park

Sponsored by the Chanhassen Lions Club | Tue., June 16 | 11:30 AM-1:30 PM  
Join friends & neighbors as the Lions Club generously dishes up burgers, hot dogs and more while enjoying the folk-rock sounds of the Chan Jammers.

Free, but registration required » Registration deadline June 9

### All Shook Up with Anthony Shores

Thu., Aug. 6 | 11 AM-1 PM

Shake it up with master Elvis impersonator, Anthony Shores, followed by a summer salad & sandwich lunch.

\$13/\$15, includes lunch & show » Registration deadline July 27



## Day Trips & Adventures

### Synod Senior Band Concert, "We the People"

Thu., May 28 | 3:30 PM | Chaska Community Center Auditorium

Enjoy this impressive 60+ member concert band performing old time marches to popular tunes with refreshments after.

Free » reservations required » Registration deadline May 18 » Sponsored by Auburn Homes & Services » Transportation on your own.

### Al and Alma's Boat Cruise - Lake Minnetonka

Mon. July 20 | 10:45 AM-2 PM | Bus leaves from Chanhassen Rec Center

Relax on a beautiful summer cruise of iconic Lake Minnetonka with a picnic style lunch along the way.

\$61, includes transportation, lunch and cruise » Registration deadline July 6

## MN Twins vs. Kansas City Royals: Target Field

Thu., July 30 | 11 AM-End of Game | Bus leaves from Chanhassen Rec Center

Let's go Twins! Rain or shine, Target Field is the perfect place to enjoy watching the MN Twins take on the Kansas City Royals. Transportation generously provided by SW Transit.

\$49, includes tickets & bus » Food purchases on your own » Registration deadline July 6

## "Buddy Holly: Oh Boy!" Paramount Theatre

Tue., Aug. 11 | 9:45 AM-5:15 PM | Bus leaves from Chanhassen Rec Center

First stop, Coyote Moon Grille for a delicious buffet lunch, then to the iconic Paramount Theatre in St. Cloud for a touring tribute concert reliving the 1959 Winter Dance Party.

\$93, all inclusive » Registration deadline July 7



## Learn and Engage

### Explore the Past: Carver County Historical Society

Tue. Apr. 28 | 10 AM | History of the Carver County Fair

Free » Registration encouraged » Walk-ins welcome

### Lilacs for Minnesota

Thu. April 30 | 1-2 PM | Speaker Pete Moe, Retired Director of the MN Arboretum

Join Pete to learn more about this fragrant shrub's origins and care, along with a virtual tour of the Arb Lilac Collection.

Free » Walk-ins welcome

### Broadway Musicals History Class With MacPhail Music for Life

Tue. May 12-June 2 | 10:30-11:45 AM

Instructor Andrea Leap offers a fascinating, deep dive into the history, lore & creativity behind Broadway's best loved hits.

\$18/\$20 » 4 week class » Registration deadline April 28.

### Landmark Tours Travel Guides Talk

Tue. May 19 | 1-2 PM

Take a gander at all the wonderful places to go and adventures to take with Landmark Tours!

Free » Walk-ins welcome

### Mastering Mature Makeup

Thu. June 25 | 10:30 AM-12 PM

Did you know that as you age you should use less makeup, not more? Cosmetic expert Barbara Solum shares tips of the trade for putting your best face forward as you age.

\$5, includes cosmetic samples and light snack » Limited space  
Registration required

## Smart Living Workshops

### Medicare 101

Tue., July 21 | 10 AM | Instructor: Jennifer Balk, LLC.

If you are new to Medicare or soon will be, this class is essential for learning what you need to know before you sign up.

Free » Register by phone or online, walk-ins welcome

### Wellness, Safety and Support Series

Hosted by Normandale Center for Education

Tue. & Thu. July 7-30 | 9:30-11:30 AM | Matter of Balance - Prevent falls, build strength, gain confidence. \$20/8 sessions

Mon. Aug. 3-Sept. 14 | 12:30-2:30 PM | Powerful Tools for Caregivers - Self-care skills and resources. \$15/8 sessions

Each series includes student workbook, healthy snacks and professional instruction » Registration deadline 7 days prior to session start

### SW Transit Tutorial and Test Ride

Thu. June 11 | 9:45 a.m.-12:30 p.m | Optional test ride

Learn to use this local, easy and inexpensive bus system to get to and from MSP airport or other 494 corridor shopping and medical sites. Free instruction and tour. Optional test ride to airports. Meet at the Eden Prairie SW Transit Station.

Free tutorial & tour » Registration required

### Cleaning up the Clutter

Tue. June 23 | 1-2 PM

Take time this summer to declutter your life and home. AARP trainers present helpful insights and simple solutions.

Free » Senior Center » Walk-ins welcome



## NEW Gather Groups

### 55+ Book Club

Meets every 2<sup>nd</sup> Tue. | 2:30-4 PM | No Meeting in July

Call for book list or go to Senior Center website.

### Chess Club Open Play

Meets every 1<sup>st</sup> & 3<sup>rd</sup> Thu. | 10 AM-12 PM

Come to learn, play and grow your skills.

### Ukulele Club

Meets every 2<sup>nd</sup> & 4<sup>th</sup> Thu. | 10 AM | Hosted by Twin Cities Ukulele Club

Free, all levels welcome. Loaner ukuleles available.

### Rail Talk For Train Enthusiasts

Meets every 2<sup>nd</sup> & 4<sup>th</sup> Fri. | 9-10:30 AM

Pop in for casual discussions with model train & railroad history buffs. Field trips are in the works!